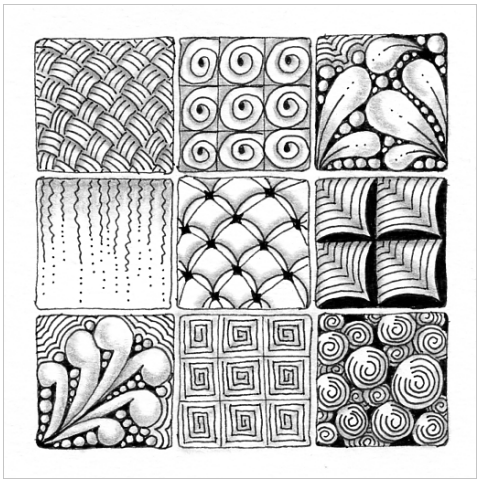
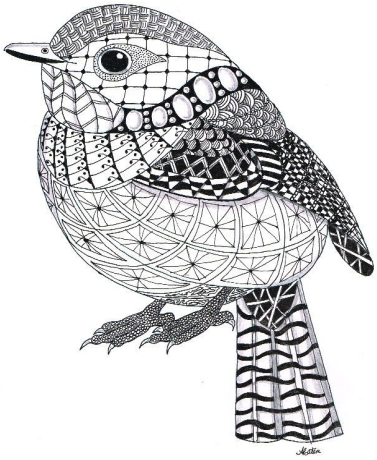
Zentangles

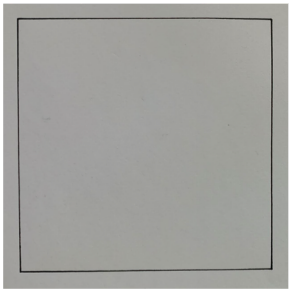
A zentangle is a simple and fun way of creating beautiful images using patterns and shapes. In its original form, it involves creating tiles of pattern and arranging these like a mosaic, but there are variations such as the use of a single flowing line in a larger tile to create shapes to add pattern to, or creating pictures too. The original zentangle is unplanned and abstract, so you don't have to worry about the end result and can focus on each stroke.

Maria Thomas and Rick Roberts developed the concept of Zentangle art.

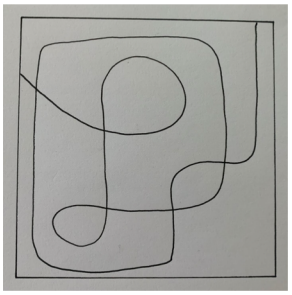




Here's a step by step guide...



1. Draw a square tile.



2. Draw a single flowing line which curves and overlaps to create shapes.

3. In each shape, add different patterns using lines and shading.

4. Complete until the whole tile has been patterned, and you're done!